

CERTIFICATE

OF PARTICIPATION

This is to certify that

Rudi Nell

Has successfully participated & completed the

8km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 00:58:31

PACE 07:18/km

OVERALL 8 of 166

GENDER 6 of 78

40 - 49 1 of 21

23 June 2019, Sun

Date



BoutTime

Signature